
LUNCH

DAILY SOUP

Please ask your Server for today's creation.

half | 6 | full | 9 |

WEST COAST SEAFOOD CHOWDER ^{GF}

Local seasonal fish, shell fish, bacon, Yukon gold potato, cream, fine herbs

half | 10 | full | 14 |

CHEF'S CAESAR SALAD ^{GF}

Romaine hearts, prosciutto, Grana Padano cheese, caper berries, garlic confit, crostini

ENHANCEMENTS Chicken | 6 | Salmon | 10 | Prawns | 12 |

half | 12 | full | 15 |

SEASONAL ORGANIC GREEN SALAD ^{GF}

Shaved cucumber, carrot & radish, avocado puree, sunflower seed crisp, green goddess dressing

ENHANCEMENTS Chicken | 6 | Salmon | 10 | Prawns | 12 |

| 12 |

CRISPY CALAMARI

Cucumber yogurt dip, lemon preserve, red pepper, parsley, red onion

| 15 |

AQUA MARTINI MUSSELS ^{GF}

Salt Spring Island mussels, local Unruly gin, vermouth, white wine, organic olives, preserved lemon, herb butter, fennel, shallot, baguette

| 17 |

ANCIENT GRAIN BURGER ^{GF}

House made quinoa patty, red pepper vinaigrette, aioli, lettuce, tomato, brioche bun

| 16 |

ROASTED MUSHROOM FLAT BREAD

Grana Padano, arugula, truffle aioli, garlic confit

| 15 |

PACIFIC MIST RICE BOWL ^{GF} | 16 |

Sticky rice, cucumber, marinated kale, carrot & beets, hemp hearts, house pickled vegetable, tahini dressing

ENHANCEMENTS Chicken | 6 | Salmon | 10 | Prawns | 12 |

BISTRO BURGER | 19 |

Ground chuck, smoked cheddar, honey cured bacon aioli, stone ground mustard, brioche bun

STEAK SANDWICH ^{GFO} | 20 |

Grilled flatiron steak, garlic confit, cultivated mushroom, melted sweet onion, arugula, oven dried tomato, ciabatta

FISH TACOS ^{GFO} | 16 |

Spiced cod, avocado, broccolini slaw, white corn tortilla, chipotle aioli

KFC | 18 |

Kingfisher fried chicken, buttermilk marinated, broccolini slaw, polenta fries, chipotle aioli

SPAGHETTI & CHORIZO MEAT BALLS | 16 |

Rustic tomato sauce, roasted peppers, fennel, smoked paprika, olive oil, Manchego cheese, basil

CRISPY COD & FRITES 1pc | 14 | 2pc | 17 |

Crispy battered cod, pomme frites, rémoulade, broccolini slaw

TWO EGGS BREAKFAST ^{GFO} | 14 |

Two free-range eggs, any style, breakfast potato, with choice of Canadian back bacon, chicken sausage, or honey cured bacon, toast